

"Our mission is to bring the good news of Jesus Christ's love to our entire community through traditional Anglo-Catholic worship, fellowship, outreach, and Christian formation."

Our Vision: "We strive to be a haven of healing, reconciliation, joy and peace in service to our wider community and beyond, so that our example in prayer and practice may reflect Christ's love for us all.

THIS SUNDAY — April 3 & Beyond

"When Loss is the Greatest Gain"



In this world of ours achievement and success are usually associated with some kind of increase in something: increase in material wealth and possessions, increase in academic records, higher records in sports, higher points in performances, etc.

Interestingly enough, when it comes to our health parameters, there are several instances when a decrease is the desired goal: a lower weight, a lower sugar level, a lower calorie intake, less fat in the body, etc.

The health of our body and that of our soul are closely related, as we all know. For the spiritual side of our lives, less is often better than more, when it comes to material things and attachments.

In his letter to the Philippians, the Apostle Paul states that he regards everything else as loss as compared to the surpassing value of knowing Christ. It is vital to remember that Paul was a Jew, and for the Jews the verb **know** meant much more than a simple intellectual grasping. It meant, above all, an intimate and personal experience that involved the whole being.

Therefore when he uses the expression knowing Christ he is referring to an actual personal encounter with Him that involves not only Paul's mind, but also his heart, body, and soul.

Paul goes so far as to use the word **rubbish** to refer to all he might have lost in order to gain Christ and be found in Him. And he makes it clear that only righteousness he may boast of is not one of his own based on the law, but the one that comes through his faith in Christ.

Paul is also humble enough to admit that he has in no way achieved the goal he is pursuing: becoming like Christ in His death if somehow he may attain the resurrection of the dead.

Even so, he affirms that he presses on to make this goal his own, thanks to the fact that Christ, through His loving grace, has made him His own.

The Apostle concludes this part of the letter by stating that his aim is simply to forget all that lies behind and strain forward to what lies ahead. It is clear that what lies ahead for him is the wonderful prize of the heavenly call in Christ Jesus.

As the Lenten season moves on and we approach the commemoration of God's wonderful deeds of salvation worked through Jesus' passion, death, and glorious resurrection, let us also realize that the best way of achieving our most wonderful gain is by losing.

We must learn to also consider a rubbish all that stands in the way of sharing in Jesus' death—the deprivation of all that attaches us to our self-centered petty lives—so that we can finally share in His glorious and abundant resurrected life.

Fr. Carlos E. Expósito, Rector

Readings for this Sunday – The Fifth Sunday in Lent Isaiah 43:16-21 Psalm 126 Philippians 3:8-14 Luke 20:9-19

CALENDAR

Note: We are worshipping in our historic church. The service will also be on Zoom. The service time is 10am. Tuesday Noon Mass and during Lent Friday 11:30am in St. Mary Chapel The Great Litany followed by the Stations of the Cross

SUNDAY The Fifth Sunday in Lent

10:00am Mass in All Saints' Church

Join Zoom Meeting from our web site at www.allsaintschurch.org
Recording of Mass available before noon at www.allsaintschurch.org
Christian Formation and First Communion Instruction for Children

Ages 5-12 in the Parish Hall from 10:00am-10:45am 1:00pm Mass in Spanish St. Mary Chapel will be held on the first, second, fourth (and fifth) Sundays. Everyone is welcome.

TUESDAY: Noon Mass in All Saints' St. Mary Chapel followed by a fellowship snack in the Flower Room.

THURSDAY Spanish Class 1:00pm to 3:00pm in the Flower Room. Taught by Fr. Carlos.

FRIDAY The Great Litany, at 11:30 am followed by the Via Crucis (the Stations of the Cross) at Noon in St. Mary Chapel

SUNDAY The Sunday of the Passion – Palm Sunday

10:00am Mass in All Saints' Church

Join Zoom Meeting from our web site at www.allsaintschurch.org
Recording of Mass available before noon at www.allsaintschurch.org
Christian Formation and First Communion Instruction for Children
Ages 5-12 in the Parish Hall from 10:00am-10:45am
1:00pm Mass in Spanish St. Mary Chapel will be held on the first, second,
Fourth (and fifth) Sundays. Everyone is welcome.

Every second and fourth Sunday of the month. **Christian Formation** at 11:30am Studying *Sacred Earth, Sacred Soul* by John Philip Newel – Rector's Study

OUR CORE VALUES:

- Welcoming strangers like old friends
- Embracing the Anglo-Catholic tradition
- Being dependable members of a caring community
- Respecting each other's differences
- Being faithful stewards of God's gift
- Remembering that God loves everyone unconditionally

An Anglo-Catholic Parish in the Episcopal Diocese of San Diego www.allsaintschurch.org